

**2010 ODSL All Star Meet**  
**Host Pool: South Riding**  
**July 31, 2010**

**Event Schedule**

Freestyle	Backstroke	Break/Awards	Breastroke	Butterfly	IM
8:00 - 8:36	8:36 - 9:56	9:56 - 10:41	10:41 - 11:23	11:23 - 11:56	11:56 - 13:06
36 minutes	80 minutes	45 minutes	42 minutes	33 minutes	64 minutes

**Timer Shifts**

	Shift #1	Shift #2	Shift #3	Shift #4
	8:00 - 9:08	9:08 - 9:56	10:41 - 11:56	11:56 - 13:06
	1/1 - 16/5 (Back)	17/1 - 24/4	25/1 - 44/5 (Fly)	45/1 - 52/5
	Girls 7/8-25	Boys 9/10-50		
Lane 1	1 Greg Zapp - Brambleton 2 Cindy Adams - Courts & Ridges 3 Celina Vargas - Lansdowne	1 Bob Wertz - Woodlea 2 Rynkowski - Stoneleigh 3 Sally Downer - Red Rocks	1 Marie Forbes - Courts & Ridges 2 Karen Frye - Exeter 3 Laurie Kauffman - Greenway	1 Ashley Campolattaro - Brambleton 2 Alexandra Brown - Exeter 3 Jeannie Trautman - Lansdowne
Lane 2	1 Wendy Keane - Lovettsville 2 Srinu Pochiraju - Loudoun Valley 3 Michael Kurisky - Red Rocks	1 Kelly Hover - Potomac Crossing 2 Sonny VanEss - Lifetime Fitness 3 Suha Boswell - Lansdowne	1 Jeff Leierzapf - Kincaid 2 Brian Park - Lansdowne 3 Sara Smith - Lovettsville	1 Gerald Shi - Potomac Crossing 2 Christian Fabian - Red Rocks 3 Leanne McCallister - Spring Lakes
Lane 3	1 Grace Winter - Spring Lakes 2 Lindemeyer - Stoneleigh 3 Tom Torbinski - Ida Lee	1 Ron Clifton - Kincaid 2 Beth Ramberg - Greenway 3 Teresa Folsom - Exeter	1 Laurie Bickart - Rivercrest 2 Hoff - Stoneleigh 3 Jackie Von Wodke - Exeter	1 Hoff - Stoneleigh 2 Bob Malloy - Woodlea 3 Tim Brown - Greenway
Lane 4	1 Sherri Bartlett - Broadlands 2 Kelly Cooper - Lenah Run 3 Shelli Hunter - Spring Lakes	1 Kit Wijnstein - Brambleton 2 Jen Brandt - Courts & Ridges 3 Rebecca Alliss - Greenway	1 Pete Berry - Kincaid 2 Polly Chin - Lansdowne 3 John Atkinson - Lovettsville	1 Jackie Lalumiere - Potomac Station 2 Linet Blackwell - Rivercrest 3 Danette Trax - Courts & Ridges
Lane 5	1 Laura Frey - Potomac Crossing 2 <b>Swim Parent</b> - Tavistock 3 <b>Swim Parent</b> - Stone Ridge	1 Judy Keiper - Potomac Station 2 Joe Webb - Broadlands 3 David Cooper - Lenah Run	1 Sherry Livingston - Red Rocks 2 Jen Blusewics - Rivercrest 3 Hoffer - Stoneleigh	1 Cathy Black - Brambleton 2 Jonathan Williams - Evergreen Meadows 3 Laura Oppenhimer - Ida Lee
Lane 6	1 Sandy Tondreau - Ida Lee 2 <b>Swim Parent</b> - Franklin Park 3 <b>Swim Parent</b> - Franklin Park	1 Nancy Graham - Ida Lee 2 <b>Swim Parent</b> - Stone Ridge 3 <b>Swim Parent</b> - Franklin Park	1 Leslie Koenig - Woodlea 2 Lori Miller - Lenah Run 3 <b>Swim Parent</b> - Franklin Park	1 Mark Dimitri - Broadlands 2 Ron Miller - Lenah Run 3 <b>Swim Parent</b> - Franklin Park